



## A Life That's Wasted

Josselyn Jackman- Williams

a life that's wasted  
a breath that's gone  
he knows he's been fighting this addiction too long

he says he's sorry  
he says he'll try  
he thinks of a prayer and looks up to the sky

it hurts so much  
he just can't stop  
he shoots the drugs until he drops

he drops his hopes  
he drops his spirit  
his soul cries out, you just can't hear it

a life that's wasted  
a breath that's gone  
the results of heroin - he just couldn't move on

he slowly lets go  
he is slowly dying  
he takes his last breaths and quickly starts crying

his life is gone now,  
wasted away  
the day his life ends, today is the day



Source: <https://www.familyfriendpoems.com/poem/a-life-thats-wasted-heroin>