



## Who/What is A *Better Life-Brianna's Hope*?

### ◆ Brianna's Story

### ◆ Mission Statement-

- *“Providing hope through Christ to individuals and communities battling addiction using support, encouragement, and collaboration.”*

### ◆ Identity Statement-

- *“A Better Life-Brianna's Hope is a participant driven, faith-based, compassion filled support and recovery movement for those that are battling the battle with substance use disorder.”*

### ◆ Foundational Document-

- ***Brianna's Prayer*** (read together)
  - ✓ We require each chapter to study this prayer as a means of connecting from chapter to chapter.
  - ✓ We believe this to be a powerful prayer that speaks of how we want to be perceived.
- ***Brianna's Prayer*** as copied from a handwritten page she left behind.
  - ✓ *Please, Lord, look after me and my family. Please help me to do the right thing and to show people that I am not a bad person inside or out and help me Lord to get through this disappointment again and know I make mistakes but who doesn't. I don't do it to do wrong. I do it cuz I feel I have no other choice. I want a **better life**, Lord, I do. Please help me. Do to me as what you feel is best, I surrender to you. In Jesus' name, Amen.*

### ◆ Our Focus-

- Our focus is the addict not the addiction, the struggler not the struggle, and the individual not the organization.
  - ✓ We are not about the chapter but the individual struggler.
- We are not about building any church. For many addicts, strugglers, and overcomers, ABLBH is their church.



## **Why Bring *A Better Life-Brianna's Hope* to Your Community?**

### **◆ ABLBH changes lives-**

- Between November 5, 2014 and July 31, 2021, we have helped over 1,400+ addicts/strugglers into some type of treatment.

### **◆ ABLBH saves lives-**

- Multiple addicts/strugglers have stated that without an “other choice” like ABLBH they would probably be dead.

### **◆ ABLBH provides help-**

- We say we are in the hope giving business and business is great. As the addict sees the struggler succeed, they start to believe their life can change.

### **◆ ABLBH can improve the quality of life in your community/town-**

- We are seeing communities change and the stigma lessened.

### **◆ ABLBH saves your community money-**

- Less incarceration- Jay County is around \$70.00/day.
- Reduces the load placed on CPS- Keeps children with sober parents.

### **◆ ABLBH creates family and community spirit-**

- Addicts/strugglers are now being treated as though they are “human”.

### **◆ ABLBH is proof that something can be done about the substance abuse issue plaguing communities small and large.**

### **◆ Since starting, we have reached 625+ persons for Jesus Christ.**

- Commitments and re-commitments

### **◆ What is the intensity of the battle against drugs here in your town/community?**

- Is your police force getting it done?
- How are the schools involved in this battle?
- Are your support and recovery groups taking care of it?
- Is your court system able to keep up?
- What about your churches, do they have it under control?



◆ **We believe we are an “other choice” just as Brianna was hoping for.**

- We have no intent of replacing any other group.
- We want to be a complement- an option.
- We believe in the good works of AA, NA, CR, and other efforts.



## ***A Better Life-Brianna's Hope is Both Reactive and Proactive***

### ◆ **Reactive-**

- We are presently 37 chapters in 27 Indiana counties, 8 chapters in 4 Ohio counties and a chapter in 1 Virginia county.
  - ✓ Meeting sites and days (all meetings are 6:30pm-8:00pm).
  - ✓ Some exceptions
  - ✓ See website

### ◆ **FYI: DENOMINATIONS INVOLVED BY LEADERSHIP OR LOCATION:**

- Assembly of God, Baptist, Biker, Brethren, Catholic, Christian, Christian Fellowship, Christian Missionary Alliance, Disciples of Christ, Friends Meeting, Nazarene, Non-denominational, UMC, Wesleyan, (4) Community Buildings, (3) SIF Family Resource Centers, Youth Building, Library, (4) Jails, Industry/Factory, Rehab Center, Former Kingdom Hall Jehovah's Witness.
- Calls, hospital visits, names in paper, and/or one on one meetings
- Relationship with local police-
  - ✓ Portland, Jay County Sheriff, Dunkirk, Albany, Redkey, Union City IN/OH, Muncie Police (Partners w/ Community Corrections), Parole Officers (New Castle)

### ◆ **Proactive-**

- Speaking engagements
  - ✓ Clubs/Civic Groups/Sororities/Churches/Wherever invited.
  - ✓ Schools
    - We have shared with over 22,000 K-12<sup>th</sup> grade students in Indiana and Ohio.
  - ✓ Mercer County Jail in Celina, Ohio & Jay County Jail



## What do You need to Start a Chapter of *A Better Life-Brianna's Hope* in Your Community?

Contact Randy Davis (765)730-4979 for a conversation and we go from there.

### ◆ Qualifications for a new chapter-

- At least 2 Team Hope members
  - ✓ In order to maintain the faith-based element, we need a letter of recommendation from one member's pastor.
  - ✓ It is great if at least one is an addict in recovery
- Support unit of multiple Team Hope members (4-8)
- Leadership must attend one of our Saturday Training/Info Seminars.
  - ✓ Leadership must attend one Redkey or Model Chapter (listed below) meeting before the new Chapter opens. Redkey is the original; model chapters listed below:
    - Redkey
    - Bluffton
    - Lafayette
    - Greenfield
- Secure a location.
- Choose a night for your group.
- All meetings should run 6:30pm-8:00pm.
- Meetings will follow same format so attendees can feel at home
  - ✓ Welcome
  - ✓ Opening Poem/Reading/Prayer
  - ✓ Information/Announcements
  - ✓ Overcomer Reports
    - Celebration
    - 3<sup>rd</sup> week t-shirts
  - ✓ Victory tags
  - ✓ Brianna's Prayer
  - ✓ Lesson/Discussion/Speaker
  - ✓ Break- With FOOD
  - ✓ Continuation of Lesson/Discussion/Speaker
  - ✓ Word of Challenge/Inspiration/Closing Scripture
  - ✓ Prayer
- Your chapter must be approved by our board before it is accepted as a chapter of ABLBH.



- ✓ Feel free to use any of our ideas- we have no copyright, but please don't call yourself by our name.

◆ **What can Your Chapter Expect from *A Better Life-Brianna's Hope*?**

- Board Meetings
  - ✓ Present structure effective 1.1.2019
  - ✓ 9 Member Executive Board
  - ✓ We are presently updating by-laws for greater compliance.
- Quarterly General Assembly
  - ✓ Training meetings (pre-COVID19)
- Liability coverage for leadership should they give wrong advice or direction.

◆ **ABL BH will provide**

- 24/7 support and guidance
  - Leadership training
  - Names of speakers
  - Resourcing/Networking
  - Access to web page and Facebook page
  - Financial assistance to get those interested into detox/rehab
  - Starter Kit:
    - ✓ Guideline sheet for all chapters
    - ✓ Rehabilitation Treatment Facility Info
    - ✓ Letterhead
    - ✓ Meeting Attendance verification forms
    - ✓ 16"x20" Poster w/ Brianna's Prayer and picture
    - ✓ Cash pay-out forms
    - ✓ 6' Upright Banner \$220.00
    - ✓ Tabletop Display Trifold \$50.00
    - ✓ '4x6' Outside Banner \$250.00
    - ✓ Trifold Brochures \$75.00
    - ✓ Yard Signs \$150.00
    - ✓ 1<sup>st</sup> order of Victory Tags \$280.00
    - ✓ 1<sup>st</sup> order of Chapter T-shirts \$200.00
      - Each chapter is responsible for arranging T-shirts to be professionally made.
      - Must be one of two designs
      - We will provide a list of color combinations already chosen.
    - ✓ Liability Insurance for the Leadership \$50.00
- 
- Total= \$1,275.00+**



- ◆ We are a 501c3 and have forms you will need to do on a monthly basis.
  
- ◆ We do not want money to stand in the way of someone's recovery.
  - We call ourselves faith based.
  - We say we are about the addict/struggler.
  - **Harbor Lights**- Indianapolis(co-ed)
    - ✓ 7-12 days detox= \$255.00
    - ✓ 2 weeks Residential Treatment= \$420.00 (Phase 1)
    - ✓ 2 weeks Residential Treatment= \$420.00 (Phase 2)
    - ✓ 2 weeks of Transitional Housing= \$224.00
  - **Transformations Center for Healing**-Noblesville (women's facility)
    - ✓ Phase One (detox)- 60 days (\$600.00 per month)
      - ABLBH will cover up to \$1,200.00, after 60 days the individual is expected to find a job.
    - ✓ Phase Two (spiritual phase)- 4 months (\$600.00 per month)
      - During this time, Transformations will help you find a job which will in turn provide finances for Phases Two and Three.
    - ✓ Phase Three (psychological phase)- 4 months (\$600.00 per month)
  - **Hickory Recovery Center**- Indianapolis(co-ed), Corydon(male), Rockville (male)
    - ✓ 28day stay, 100 bed Addiction Residential Treatment Medicaid Facility, typically no wait/not long, offers MATS
  - **Avenues Recovery Center**- Ft. Wayne(co-ed)
    - ✓ 30 days, 100 bed Treatment Facility, typically no wait, will has a Medicaid Navigator on site, offers MATS
  - **Landmark Recovery**- Carmel(co-ed)
    - ✓ Some info: detox, Medicaid Navigator on site, Offers MATS
  - **Recovery Works**- Cambridge City(co-ed)
    - ✓ Detox, Medicaid Navigator on site, offers MATS
  
- ◆ **\*\*We want to jump-start your chapter but cannot fund you without your help.**
  - We will need a spoken commitment from you that you will do everything possible to help us raise funds for detox/rehab expenses.
    - ✓ *Freely we have received, freely we want to give.*



## **ABLBH-STEPS TO A NEW CHAPTER**

1. Explore our website at [www.ablbh.org](http://www.ablbh.org)
2. Express interest by contacting our ABLBH office
  - a. Call our office at (260)766-2006
  - b. Email [info@ablbh.org](mailto:info@ablbh.org)
  - c. Call Randy Davis at (765)730-4979
  - d. Email [randy.davis@inumc.org](mailto:randy.davis@inumc.org)
3. Schedule an Intro/Info Session to learn who/what we are about.
  - a. Randy will do a 90+ minute “Intro/Info Session” at your location or by ZOOM.
  - b. You are invited/urged to include those inside/outside of your church or organization.
  - c. The more that know who/what we are about, the more it will help you while opening a chapter.
4. Visit the “Model Chapter” closest to your area (Name/ Location will be provided) so you can experience one of our support and recovery meetings.
5. Contact our office to schedule a 3-3 ½ hour training session.
  - a. Our leadership will provide this at your location.
6. Select an evening for your meeting, a start date and location, and then begin advertising/ sharing.
  - a. We ask that you wait two weeks or more after the training before starting your meeting.
7. Keep our office posted and aware of any way we can help.