



## ABLH Training/Info Packet

### ◆ Brianna's Story

### ◆ Mission Statement-

- *“Providing hope through Christ to individuals and communities battling addiction using support, encouragement, and collaboration.”*

### ◆ Foundational Document-

- ***Brianna's Prayer*** (read aloud)  
*Please, Lord, look after me and my family. Please help me to do the right thing and to show people that I am not a bad person inside or out and help me Lord to get through this disappointment again and know I make mistakes but who doesn't. I don't do it to do wrong, I do it cuz I feel I have no other choice. I want a **better life**, Lord, I do. Please help me. Do to me as what you feel is best, I surrender to you. In Jesus' name, Amen.*
  - ✓ We require each chapter to study this prayer as a means of connecting from chapter to chapter.
  - ✓ We believe this to be a powerful prayer that speaks of how we want to be perceived.

### ◆ Identity Statement-

- *“A Better Life-Brianna's Hope is a participant driven, faith-based, compassion filled support and recovery movement for those that are battling the battle with substance abuse.”*
  - ✓ We care more about the addict than the addiction.
  - ✓ We care more about the struggler than the struggle.
  - ✓ We care more about your today and tomorrow than we do about your yesterday.
- What does “participant driven” mean?
  - ✓ A Team Hope member facilitates the meeting, but it is driven by those in attendance. (Not led but driven).
  - ✓ Many warned us that if you aren't an addict, you'd have great difficulty and that it would be nearly impossible to lead this group as you won't be able to relate, and they won't be able to relate to you.
  - ✓ They said keep it in a private place.
  - ✓ Never use their names.
  - ✓ Allow anonymity and don't share what goes on.
    - I guess we have broken all the rules, successfully.
  - ✓ We have people posting selfies while they are at the meeting.

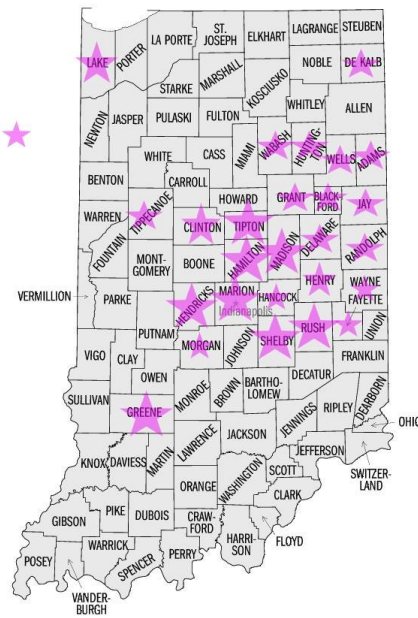


- In the beginning, we even used name tags.
- ✓ We have people posting group shots with names.
- ✓ We advertise our meeting locations.
- ✓ We care about your privacy.
- ✓ Your anonymity isn't a priority.
- ✓ It is okay to enter as an addict and leave as one for a while.
- ✓ We are not an "anonymous" group.
  - One of the differences in us and AA or NA is the word Anonymous.
  - This alternative just may be one of the reasons we are experiencing any success we are having.
- ✓ We encourage honesty, transparency, non-judgment, and openness.
  - We allow pride in who we are with no perception of pride for what we have done.
  - We invite you to share your story.
    - ✧ We believe it is part of your recovery.
    - ✧ We believe that when you share your story you are sharing the story of many others too.
- We are *faith-based*.
  - ✓ Being *faith-based* does not require/mean preaching.
  - ✓ **We believe:** You do not have to preach to integrate Christ into everything you say and do.
    - No one is suggesting that you can't speak God's/Jesus' name.
    - We are saying if your witness can't be done without words- who will believe them when they hear them?
  - ✓ **We believe:** Preach the gospel. Use words if necessary.
    - Your faith w/o work is what - DEAD!!
  - ✓ **We believe** that if someone wants church, they will show up on a Sunday morning, and many of our people do.
    - So, we give them a dose on Sunday – Saturday.
    - For some, this has become their church.
    - How many of your churches get 100% of your worship attendees to show up at the mid-week service?
      - ✧ EX: "You put a boat in the water, but you don't want the water in the boat".
      - ✧ Most of our meetings are in the church but we try to keep the church out of our meetings.
  - ✓ **We believe:** "Where two or more are gathered-....."



- What does “compassion filled” mean?
  - ✓ Compassion is not so much thinking about someone but feeling with them. It requires not just caring but sharing.
  - ✓ The lifestyle and words of the Jesus I know proves He was/is about compassion first with judgment way down the line.
    - Too often, you and I get that reversed.
    - Let me share my evidence:

ABLBH Presence: 26 Indiana Counties



**Matt 9:36** - *When he saw the crowds, he had **compassion** on them, because they were harassed and helpless, like sheep without a shepherd.*

✓ **Compassion** then guidance.

**Matt 14:14** - *When Jesus landed and saw a large crowd, he had **compassion** on them and healed their sick.*

✓ **Compassion**, then He healed them.

**Matt 15:32** - *Jesus called his disciples to him and said, “I have **compassion** for these people; they have already been with me three days and have nothing to eat, I do not want to send the away hungry, or they may collapse on the way.”*

✓ **Compassion**, then He provided for them.

**Luke 15:20** - *So he got up and went to his father, “But while he was still a long way off his father saw him and was filled with **compassion** for him; he ran to his son, threw his arms around him and kissed him.*

✓ **Compassion**, then He ran and then He embraced.

**2 Cor 1:3** - *Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort.*

✓ **Compassion** leads Him to comfort them.

**Col 3:12** - *Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with **compassion**, kindness, humility gentleness and patience.*

✓ **Compassion** is the first piece we are to put on.

✓ Pope Francis has said, “If you want to be a shepherd you need to smell like the sheep.”



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- If you have an issue with a Dirty God that goes into the trenches, you may want to find your warm fuzzy elsewhere.
- If you can't identify with the relapse behaviors of "Peter" you may want to meet another need than that of the addict.
- ✓ Harry S. Truman once said, "*If you can't stand the heat get out of the kitchen.*"
- ✓ Randy Davis, once said, "*If you can't take the criticism you aren't ready to lead.*"
- ✓ **REMEMBER**, Jesus was never once voted Mr. Popularity.
  - He impacted the world but was He a success?
  - He gained a following and divided nations.
  - He offended as many people, as He connected with.





- *Our goal of “92x22” represents our commitment to have a presence in all 92 Indiana counties by the end of 2022.*
- **FYI-** Denominations involved by leadership or location: Assembly of God, Baptist, Biker, Brethren, Catholic, Christian, Christian Fellowship, Christian Missionary Alliance, Disciples of Christ, Friends Meeting, Nazarene, Non-denominational, UMC, Wesleyan, (4) Community Buildings, (4) SIF Family Resource Centers, Youth Building, Library, (4) Jail, Industry/Factory, Rehab Center, Former Kingdom Hall Jehovah's Witness.



◆ **What can Your Chapter Expect from A Better Life-Brianna's Hope?**

- Board Meetings
  - ✓ Present structure effective 1.1.2019
  - ✓ 9 Member Executive Board
  - ✓ We are presently updating by-laws for greater compliance.
- Quarterly General Assembly
  - ✓ Training meetings (pre-COVID19)
- Liability coverage for leadership should they give wrong advice or direction.

◆ **ABL BH will provide**

- 24/7 support and guidance
  - Leadership training
  - Names of speakers
  - Resourcing/Networking
  - Access to web page and Facebook page
  - Financial assistance to get those interested into detox/rehab
  - Access to multiple rehab facilities
  - Starter Kit:
    - ✓ Guideline sheet for all chapters
    - ✓ Rehabilitation Treatment Facility Info
    - ✓ Letterhead
    - ✓ Meeting Attendance verification forms
    - ✓ 16"x20" Poster w/ Brianna's Prayer and picture
    - ✓ Cash pay-out forms
    - ✓ 6' Upright Banner \$220.00
    - ✓ Tabletop Display Trifold \$50.00
    - ✓ '4x6' Outside Banner \$250.00
    - ✓ Trifold Brochures \$75.00
    - ✓ Yard Signs \$150.00
    - ✓ 1<sup>st</sup> order of Victory Tags \$280.00
    - ✓ 1<sup>st</sup> order of Chapter T-shirts \$200.00
      - Each chapter is responsible for arranging T-shirts to be professionally made.
      - Must be one of two designs
      - We will provide a list of color combinations already chosen.
  - ✓ Liability Insurance for the Leadership \$50.00
- 
- Total= \$1,275.00+**



### ◆ What **ABLH** Expects from Your Chapter

- Use *Brianna's Prayer* every meeting
- Stat sheet(tracker) emailed to Main Office after the last meeting of each month.
- Follow meeting agenda while making it your own.
- Financial support when possible.
- Raise up leadership.

#### ✓ **Remember:**

- We are about the individual, not the chapter.
- We are about the struggler, not the struggle.

### ◆ **Contacts**

- Facebook
- Email
- Website
- Phone number

### ◆ **Hints/tips for your meeting leadership.**

- Engage your attendees
  - ✓ Ask questions while you are speaking.
  - ✓ Involve your attendees.
- Get community involved - meals.
- Get it on Facebook.
- In the beginning, do not use names; build trust.
- LEAD yet encourage and allow participation.

### ◆ **Getting clean process and how we assist:**

- Team Hope member **must** talk to the individual asking for help.
  - ✓ Key questions:
    - Tell me your story.
    - Drug of choice?
    - What are you hoping for?
    - Have you been to detox/rehab before? If so, how many times?
    - When was the last time?
    - Do you have insurance?

### ◆ **Finances**

- Donations and fund-raisers
- United Way
- Churches, Businesses, Individuals





- Clubs, groups, organizations, Sororities
- 3 or 4 monthly supporters
- Grants
- Administrative costs are limited to one part-time Office Manager of up to 35hrs per wk @ \$18.00 & one secretary of up to 25hrs per wk @ \$15.00.
  - ✓ Unless earmarked for administration, most donations go to enable our addicts to work and walk the road to recovery.
- We are a 501c3 and have two forms you will need to turn in on a monthly basis.
- We do not want \$\$ to stand in the way of someone's recovery.
  - ✓ We call ourselves faith-based.
  - ✓ We say we are about the addict/struggler.
  - ✓ Harbor Lights- Indianapolis
    - 7-12 days detox= \$255.00
    - 2 weeks Residential Treatment= \$420.00 (Phase 1)
    - 2 weeks Residential Treatment= \$420.00 (Phase 2)
    - 2 weeks of Transitional Housing= \$224.00
  - ✓ We want to jump-start your chapter but cannot fund you without your help.
  - ✓ We will need a spoken commitment from you that you will do everything possible to help us raise funds for detox/rehab expenses.
  - ✓ Freely we have received, freely we want to give.



## Order of Meeting

◆ <b>Welcome &amp; Announcements</b>	<b>12mins</b>
<ul style="list-style-type: none"> <li>○ Reading/Poem/Positive scripture</li> <li>○ Word from Team Hope</li> <li>○ Announcements           <ul style="list-style-type: none"> <li>✓ Information for the evening</li> <li>✓ Review of Past Week</li> </ul> </li> <li>○ What's Happening</li> <li>○ Save A Friend</li> <li>○ <i>Brianna's Prayer</i>-shared out loud at every meeting</li> </ul>	<b>2mins</b>
◆ <b>Victory Reports/Struggles &amp; Presentation of Victory Tags</b>	<b>10-12min</b>
◆ <b>Mini-Lesson</b>	<b>15mins</b>
◆ <b>Break</b>	<b>10mins</b>
◆ <b>Lesson/Sharing by someone that has <i>Been There, Done That, and has the Scars to Prove It</i></b>	<b>25-30mins</b>
◆ <b>Closing Remarks/Words of Inspiration</b>	<b>10mins</b>
◆ <b>Prayer</b>	

### ~Please remember:

You have agreed to follow this standard *Order of Meeting* as did all other chapters to preserve conformity among chapters, giving communities a stronger sense of who we are. We need this to maintain our integrity and identification as connected and united chapters of *ABLH*. We encourage you to add to this standard to make it your own without straying outside of it.



◆ **The story of *Everybody, Somebody, Anybody and Nobody*:**

There was an important job to be done and **Everybody**

Was sure **Somebody** would do it.

**Anybody** could have done it, but **Nobody** did it.

**Somebody** got angry about that because it was **Everybody's** job.

**Nobody** realized that **Everybody** wouldn't do it.

It ended up that **Everybody** blamed **Somebody** when

**Nobody** did what **Anybody** could have done.

✓ Bottom line - **Nothing** got accomplished.

\*\*With my multiple years of maturity, I have come to realize that even for us imperfect perfectionists, a sloppy start is better than no start.

***The Man in the Arena***

It is not the critic that counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done then better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, for there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at best knows in the end of high achievement, and who at the worst, if he fails, at least fails daring greatly, so that his place shall never be with those cold and timid souls who neither know victory or defeat.

Teddy Roosevelt

April 23, 1910